



APRIL VISIT

One nurse, one Prayer Warrior and one TV producer went to Dodoma in April...and no, we will not be on TV: Catherine came to bless us with her objective approach on how to raise a clear charity profile and take pictures for building the Health Centre. She, like us, also fell in love with the place and the people. If you want to see her video presentation, go to the website! www.tanzania.org.uk

THE TAZAMA NA TUNZA (LOOK AND CARE) TEAM



A REMINDER OF WHY WE ARE BUILDING THE HEALTH CENTRE

- ▶ Tanzania has one of the worst health records in the world, if you don't count countries driven by internal or external wars.
- ▶ It has the world's worst ratio of doctors to patients – 1 doctor to 52,000 patients (UK - 1 doctor to 420 patients).
- ▶ Life expectancy, according to their own Public Health, is 53 years old, (higher on the WHO website) and the adult mortality rate is much higher than in neighbouring countries in the region.
- ▶ All treatments have to be paid for, whether Government or privately funded, with very few exceptions.
- ▶ For this reason, chronic health conditions are largely ignored, as few can afford month by month, year on year, care and treatment, the patients tending to hide at home.
- ▶ So we have been training up the Tazama na Tunza (Look and Care) volunteer team, to visit the chronically sick in the community. The 30 volunteers visit in the homes. If there is no diagnosis, they take them to see the overseeing Doctor: Dr Motto. The team then give health education and advice on how the patient and family care and treat themselves, without cost or with a cost they can afford.
- ▶ The Health Centre is needed culturally to show that there is indeed a project and also to offer a health base for diagnosis, care and medication that the community can trust.

TWO EXAMPLES OF PEOPLE WITH HIV

- ▶ One mama was being cared for by Tazama na Tunza, but she came too late for treatment and sadly has since died.
- ▶ The other mama is one of the Tazama na Tunza volunteer team, who last year was very ill. This year she is radiant with good health, love for Jesus and her neighbours: a result of her understanding her condition, knowing how to care for herself and having access to support.

MAMA WITH HIV WITH TAZAMA NA TUNZA NURSE HILDA



DODOMA CHURCH

- ▶ The church continues to strengthen and grow. Their love and faith is amazing, and puts us to shame. They are also a very financially poor church, serving a poor community, so their resources are very small.
- ▶ Their mission outreach however continues into the rural villages. Their prayer life is amazing: getting up to pray for an hour at 5:30 and meeting for all night prayer regularly.
- ▶ That is why God hears and answers, as He knows their hearts.
- ▶ Recently their well, providing the church, community and fields with water, failed, but we were able to help them repair their well. The crops that died are now replaced with growing crops as there is water.
- ▶ The nursery school is also growing. They support many Compassion orphans and children, who have lost parents or have very limited support at home.

VISITING THE CHRONICALLY SICK IN THE COMMUNITY



GET INVOLVED WITH GOD'S WORK: BE PART OF HIS BIGGER PLAN!



ARCHITECT'S PERSPECTIVE OF THE HEALTH CENTRE



PASTOR ZEPH AT THE SITE OF THE HEALTH CENTRE - JULY 2015

- ▶ Please pray for the practical needs of the church and community, even **as they pray for our spiritual needs, every week!**
- ▶ **'Living below the Line'** - Live off £1 a day for five days and give the money you save to Tanzania (UK) Trust for the Health Centre. You can look for ideas for this online at www.livebelowtheline.com/uk. **It's a good brief experience of how two thirds of the world live!** If you would like to do this, we suggest you do this for five days between 20 July to 11th September - could be quite an experience!
- ▶ An easy way to raise money is to log onto www.easyfundraising.org.uk before you spend any money online. If you name us as your charity, they will give us a small percentage of your money spent, at no cost to you!
- ▶ If you would like to hold your own sponsored event **to raise money for the Health Centre** please do! We also have many boxes of quality items for a Car Boot sale - so if you have time to do this, please let us know!
- ▶ **Individual regular giving is the best support!** Giving just £20 or more a month, makes such a difference! Use the form below to make your donation.
- ▶ We are looking for **help with someone with fundraising time or experience.** If you feel you would like to be involved: please contact us.
- ▶ Our details are: **Tanzania (UK) Trust** | Registered Charity no: 1133490, Cooperative Bank (sort code 08-92-99, account no: 65382637) | www.tanzaniauk.org.uk



■ I would like to help in financing the building of the Dodoma Health Centre.

Full Name.....

Address (inc postcode)

Email.....

GIFT AID DECLARATION*

I am a UK taxpayer and would like Tanzania (UK) Trust to treat all donations I have made in the last four years and all future gifts of money that I make hereafter as Gift Aid donations

Signature.....Date.....

*You must be a UK taxpayer paying an amount of income tax or capital gains tax equal to or greater than the tax we can reclaim on your donations (currently 25p for every £1 you give). Please remember to inform us if your circumstances change and you cease to pay sufficient tax.

ONE-OFF GIVING

■ I enclose a cheque postal order (tick which) payable to **Tanzania (UK) Trust** for £.....

REGULAR GIVING

■ I would like to make a regular donation. Please set up a standing order.

STANDING ORDER MANDATE

To the Manager..... Bank plc

Branch Address (inc postcode).....

Please pay **Tanzania (UK) Trust** at The Cooperative Bank, PO Box 250, Skelmersdale WN8 6WT the sum of:

(figures) £.....(words).....

Starting on(date) and continuing on a

Monthly Quarterly Annual (tick) basis until I give you notice in writing to cancel or until.....(date)

Account Name

Sort Code..... Account Number.....

Address (inc postcode).....

Signature.....Date.....

PLEASE SEND TO The Treasurer, Tanzania (UK) Trust, 11 Roe Cross Green, Mottram, Hyde, Cheshire SK14 6LP